



HIKING

1 Whiteface Mountain via Connery Pond

Trail Head: Off Route 86 just west of the bridge crossing the West Branch of the Ausable River, approximately 6 miles south of the entrance to the Whiteface Mountain Ski Area.

Trail Length: Approximately 6 miles to the summit of Whiteface Mountain, one-way. **Winter Conditions** - Suitable skiing for novices as far as Whiteface Landing and back, approximately 6 miles round trip.

Elevation: Connery Pond - 1,455 feet, Whiteface Mountain summit - 4,867 feet. (Ascent 3,232 feet)

2 Owen, Copperas and Winch Ponds

Trail Heads: Two approaches off Route 86 approximately 3 and 4 miles south of the entrance to the Whiteface Mountain Ski Area.

Trail Length: Longest distance to Winch Pond is approximately 4 miles round trip.

Note: Excellent trails for hiking with children!

3 High Falls Gorge (fee area)

Over 700 feet of waterfalls!

Trail Head: Located approximately one mile south of the Whiteface Mountain Ski Area on Route 86.

Trail Description: Steel bridges and groomed paths are provided to give visitors vantage points from which to view this natural wonder where the Ausable River, the ancient rocks of the Adirondacks and the forces of nature have created a place of unique beauty and interest. Call 518-946-2278 for more information.

4 Whiteface Mountain Ski Area (fee area)

Trail Head: Located on Route 86 approximately 3 miles southwest of Wilmington center.

Trail Length: Many miles of groomed trails are available for skiing, hiking and biking.

Elevation: Base Lodge-1,200 feet, Little Whiteface Peak -3,676 feet, Top Station - 4,416 feet. Call 518-946-2223 for more information.

5 Wilmington Wild Trails Systems

Trail Head: Off the west side of Route 86 north of the bridge crossing the West Branch of the Ausable River at the Flume Falls, approximately one mile north of the Whiteface Mountain Ski Area.

Trail Length: Over 3 miles of trails.

Note: Excellent mountain biking trails! Great hike up to rock ledges overlooking the valley too!

6 Lake Everest Loop

Bike Loop Route: Route 86, Springfield Road, and Fox Farm Road complete a loop around Lake Everest.

Loop Length: Approximately 5.6 miles.

Note: Excellent road bike loop!

7 Whiteface Mountain via Wilmington Trail

Trail Head: Off Route 431 (Whiteface Memorial Highway) approximately 0.5 miles from Route 86.

Trail Length: Approximately 5 miles to the summit of Whiteface Mountain.

Elevation: Wilmington Reservoir - 1,067 feet, Whiteface Mountain summit - 4,867 feet. (Ascent 3,800 feet)

New York's

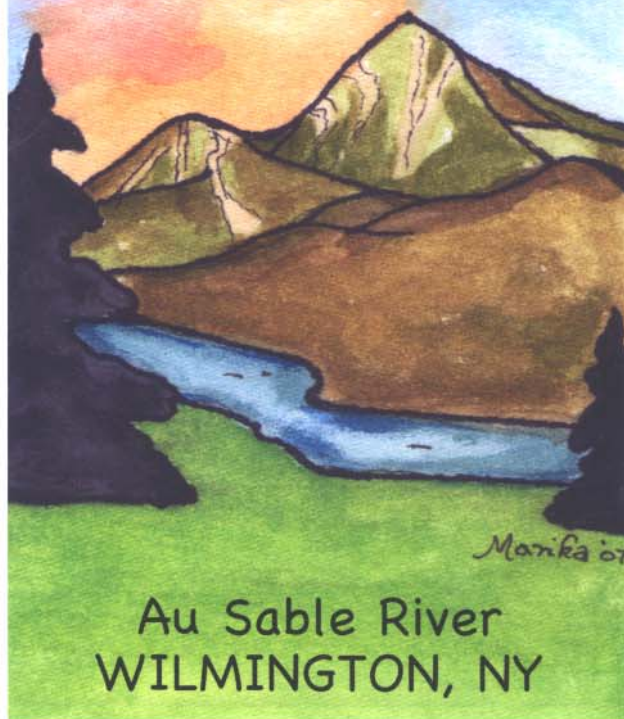
WHITEFACE MOUNTAIN REGION

in the Adirondack Park



Whiteface Mountain
Regional Visitors Bureau
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Wilmington/Whiteface Mountain
New York, 12997

888-whiteface or 518-946-2255
www.whitefaceregion.com

Outdoor Recreation
Map & GuideWHITEFACE
MOUNTAIN

Au Sable River
WILMINGTON, NY

8 Whiteface Mountain Veteran's Memorial Highway (fee area)

Drive five miles from the historic Toll House to the Castle Summit. Then take a short hike or ride the elevator to the summit for a 360-degree panoramic vista of the Adirondack High Peaks, Vermont and Canada. Great cross-country skiing in the winter! Call 518-946-7175 for more information.

9 Cooper Kiln Pond

Trail Head: Off Franklin Falls Road just over 0.5 miles from Route 431 (Whiteface Memorial Highway).

Trail Length: Approximately 5.5 miles round trip to Cooper Kiln Pond, and approximately 6 miles to Bonnieview Ave.

Winter Conditions: Suitable for intermediate cross-country skiers, or better.

BIKING

10 Wilmington – Black Brook

For the best scenery and downhill glides bike out Bonnieview Ave. approximately six miles until it ends, turn right and continue down the long hill towards Black Brook about 1.5 miles, then turn right again onto Haselton/Black Brook Rd. Total bike ride 14.5 miles.

11 Wilmington – Upper Jay – Jay

Starting at Springfield Rd. and Route 86 bike to Upper Jay approximately 5.5 miles, turn north on Route 9N to Jay go continue 4 miles alongside the East Branch of the Ausable River, then turn left heading west on Route 86 back to Wilmington. Total bike ride 14 miles.

12 Jay – Ausable Forks

For a scenic and off the beaten track bike cruise start in Jay and cross the river at the old covered bridge/Jay Rocks site. Travel along Stickney Bridge Rd. and head back to Route 9N over Stickney Bridge about 7 miles, turn right onto 9N into Ausable Forks and then head west on Mill Rd. to Ausable Dr, then take Route 86 back to Jay. Total bike ride 18.5 miles. For a shorter trip head back to Jay after you cross Stickney Bridge (11 miles).

13 Jay – Upper Jay

Start on Route 9N in Upper Jay and travel Trumbulls Corner Rd. to Valley Rd. to Route 82. Total bike ride 7 miles. For a higher country trip turn on Glen Rd. instead of Valley Rd. or take Luke Glen Rd. to Styles Brook Rd. and see Highlands Farm. Route 9N between Jay & Upper Jay is also great for roller blading (3.5 miles one-way)!

***Note:** These descriptions are brief summaries that will give you an overview of what the area has to offer. We recommend you obtain a good map and guidebook before taking to the trails.*

*Many of these trail descriptions are excerpted from the **Guide to Adirondack Trails: High Peaks Region**, edited by Tony Goodwin and published by the Adirondack Mountain Club (©2004 Adirondack Mountain Club; revised 2006). Used with permission of the publisher. **Guide to Adirondack Trails: High Peaks Region** and its accompanying map are available for \$19.95 from book-sellers or by calling ADK at 1-800-395-8080 (M-Sat., 8:30 a.m. – 5 p.m.) or visiting ADK's Information Centers in Lake George and Lake Placid. The map is available on its own for \$7.95.*

OTHER FUN PLACES

Atmospheric Sciences Research Center

On Route 431 (Memorial Highway). State University of New York research facility for atmospheric environmental studies. To visit call 518-946-2142.

Jay Rocks, on the East Branch of the Ausable River in Jay

See the historic Jay Covered Bridge. A great place to swim and picnic.

Jay Village Green – Jay's Town Square

Free summer concerts Saturday nights in July & August.

Lake Everest

Wilmington's free public beach, fishing, canoeing (rentals available locally).

Lake Stevens

Children and handicap fishing pond, Toll House Interpretive Center, tree walk along the Memorial Highway.

Mini-Golf

Play a round of golf at the North Pole Campground or at the KOA Campground in Wilmington. Both are open to the public.

Monument Falls

A great place to practice white-water kayaking or sit and watch others take the plunge.

Santa's Workshop, North Pole

On Route 431 (Memorial Highway), Christmas village with rides, reindeer, Santa and his elves. Call (518) 946-2212 for more information (fee area).

Special Five Mile No Kill Area

Open year-round for artificial lures only, catch-n-release. Five miles of trophy trout water along the West Branch of the Ausable River. Begins along River Rd. and continues along Route 86. Great for wading or floating in a tube, canoe or kayak. New no kill zone added from Whiteface Mountain Bridge to the bridge at The Fume.

The Flume

Park on the east side of Route 86 north of the steel bridge next to the Hungry Trout in Wilmington. Scenic waterfalls, swimming, cliff diving and fishing.

Whiteface Mountain Toll House Visitors Interpretive Center

In the Toll House entering the Memorial Highway. Educational and interpretive information on regional history and the environment. Free!

Wilmington Town Beach

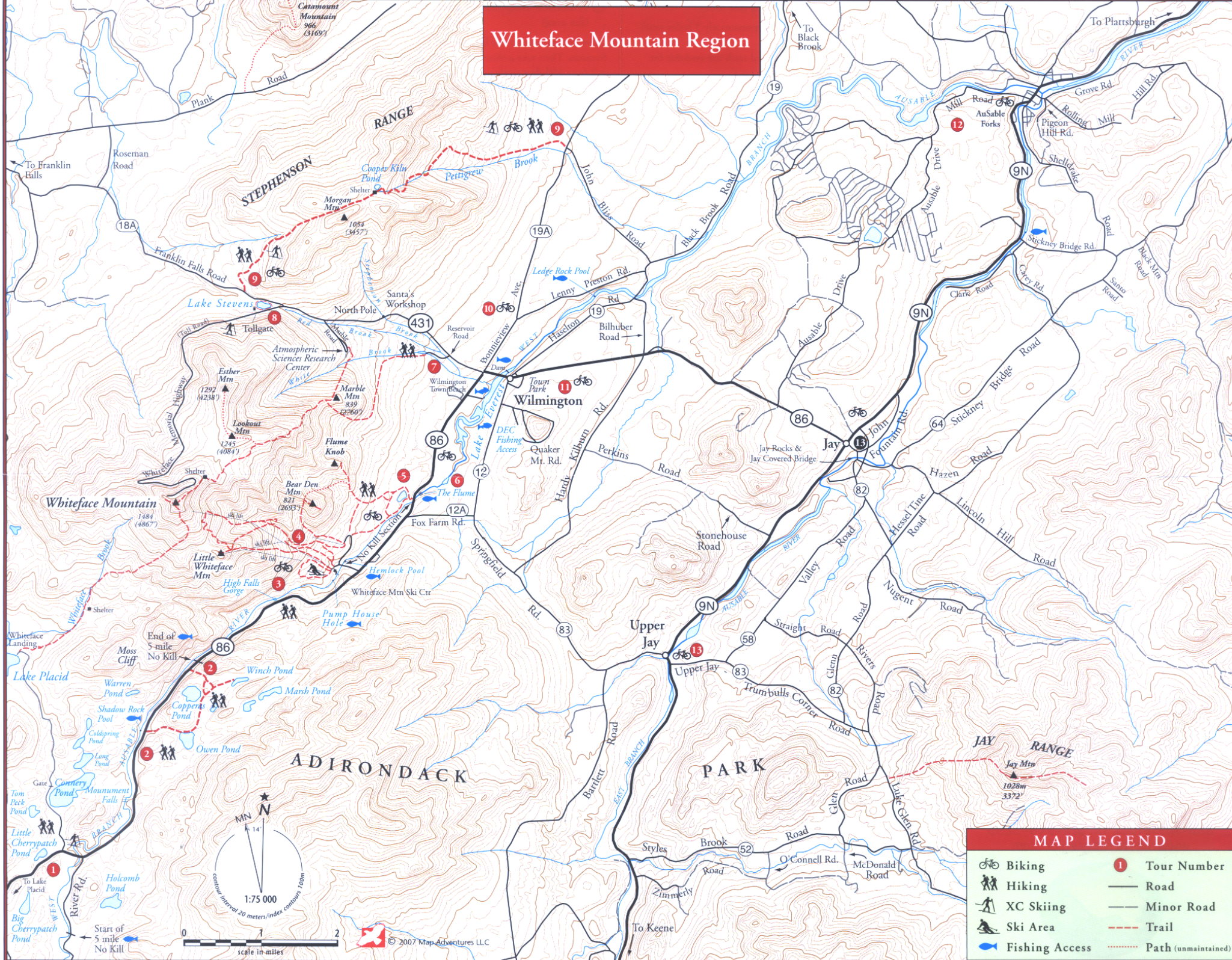
Take Bowman Lane off Route 86 in Wilmington. Free swimming, picnicking, volley ball. Handicap fishing access. Free summer concerts Thursday nights during July & August.

Wilmington Town Park

On Park Rd. off of Springfield Rd. Play area, baseball, tennis, basketball, ice skating and a fantastic view.

*Outdoor Recreation
Year-Round*

Whiteface Mountain Region



MAP LEGEND	
	Tour Number
	Road
	Minor Road
	Trail
	Path (unmaintained)